

MUSIC ASSOCIATION

P.O. Box 547, La Mesa, CA 91944 | email: info@helixinstrumental.org | http://helixinstrumental.org

We would like to take this opportunity to welcome our new members in addition to our returning veterans to the Helix Instrumental Music Family. Whether a student or a parent you will have many opportunities to get involved with families sharing common goals and interests. For both the student and the parent, lifelong friendships will develop. We are pleased that you have chosen to join the Helix Instrumental Music Program.

The Helix Instrumental Music Association would like to welcome each of you. The Helix Instrumental Music Association or HIMA as it is commonly called is a non-profit parent booster association that works with our Instrumental Music Directors, Mrs. Casey and Mr. Benge, to support the music program. Every parent is a member and needs to be dedicated to supporting the music program. Our Association can only be successful with the help of our students' families and friends!

We strongly encourage everyone to actively participate in our HIMA General Meetings as well as our sponsored Fundraisers. To provide our students participating in the 2019-20 Helix Instrumental Music Program the exciting opportunities of our past history, we NEED everyone to participate. Our HIMA General Meetings are typically held on the first Wednesday of each month at 7:30 pm in the Band Room. The first meeting of the school year will be held on Wednesday, August 7, 2019. These meetings are a great way to stay informed of the many activities, events and concerts coming your way!

Our volunteers are the heart of our organization and together we make it possible for our students to participate in this amazing program. We offer many opportunities to support our students. We thank you for lending your time and talents, as well as your financial backing, to our organization. Together we can continue to provide the highest quality program possible and give our kids and families a fantastic high school music experience!

We have an awesome team of HIMA Board Members who are happy to answer any questions you may have. Please feel free to contact any one of us with questions or concerns.

Once again, thank you for being a part of Helix Instrumental Music Program. May you all find it a rich and rewarding experience. To our old members, we say, "Thank you for returning your talents." and to new members, we say "Welcome".

Best,

Jean Baber HIMA President



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P.O. Box 547, La Mesa, CA 91944 | email: info@helixinstrumental.org | http://helixinstrumental.org | Dear Families:

The Helix Instrumental Music Association (HIMA) would like to welcome you to the 2019 – 2020 school year! The Helix Instrumental Music Program is known for its quality programs, but to maintain our standard of excellence, we must ask our families and community for financial support. Annual operating costs for a program of our size and quality are estimated at approximately \$150,000.

Because of state budget cuts, the school is unable to provide the necessary funds it takes to provide a quality music program. That's where HIMA comes in: we try to help secure the financial support that is needed to run our program.

This year, we anticipate the average cost for a student in Bagpipes to be \$275-\$300.

These figures represent the difference between what the school provides and the actual costs to maintain and build our current program; we estimate a \$100,000 budget difference between HIMA and Helix Charter High School. There are many expenses that are not covered by Helix Charter High School, including instructors, clinicians, instrument maintenance and repairs, sheet music, event entry fees, hospitality, awards, and more. Without adequate donations and fundraising, we will not be able to provide the program that we offer today. To maintain our program, each family is asked to do what they are able to help meet our expenses and to participate in fundraising. This will ensure our students continue to fully experience the best program we as supporting families can offer.

We ask that each Bagpipe member's family attempt to either donate or fundraise at least \$250. Participating in donation giving (money, food, your personal time, etc.) is strictly voluntary and is not required to participate in the music program but is very much needed and appreciated. If you choose to donate, please try to do so before December because the majority of our expenses are incurred during the fall semester. Please also keep in mind that \$250 is only the beginning of covering expenses; we hope you will continue to help the program by participating in ongoing fundraisers throughout the entire school year.

A receipt of your participation in fundraisers (but not of your personal donations) can be provided to you upon your written request. State laws restrict us from tracking personal donations; however, because your personal donations may be tax deductable, please check with your tax preparer.

If you would like additional information regarding how you can best support your student through donations and fundraising, contact Jean Baber, president@helixinstrumental.org.

Thank you! Helix Instrumental Music Association

Helix Instrumental Music Association (HIMA) invites you to

Become a Volunteer!

The Helix Instrumental Music Program needs your help!

Volunteers are the heart of all of our activities! We need your help with setup, clean-up, chaperoning, driving and towing vehicles, handy man and construction, fundraising, ticket sales, fitting and altering uniforms, serving food, organizing, planning, prepping, communicating, coordinating, greeting, encouraging, and just BEING THERE!

If you are able to volunteer your time or have a special talent you can share, provide your contact information below and check your areas of interest on the back.

*****		**********	
☐ YES, I want to be a	Volunteer!!!		
Student's Name:			
Parent/Guardian's Name:			
Home Phone:	Cell Phone:		
E-mail Address			
My student is in/is interest	ed in (please check all that	t apply):	
☐ Marching Band	☐ Color Guard	□ Pipe Band	
□ Orchestra	☐ Wind Symphony	□ Concert/Symphonic Band	
□ Jazz Band	☐ Winter Drumline		

Volunteering not only helps our music program, but also provides an opportunity for you to meet new people, understand and experience your student's activities, and stay involved through their high school years!

Helix Instrumental Music Program's Volunteer Opportunities

As volunteers are needed, you will be contacted to see if you are available. However, you never need an invitation—always feel free to JUST SHOW UP!!

Carpooling			Transportation/logistics assistance
Business & Financial So ☐ Book keeping ☐ Legal/tax services			 ☐ Towing ☐ Mechanical assistance ☐ Electrical & Construction (ongoing) ☐ equipment support
Hospitality assistance (competition weekends, sp	pecial events		Photography/video (ongoing)
☐ Food preparation/ser☐ Serving	vice		Sewing/alterations
☐ Setup/cleanup			Concerts ☐ Ticket sales
Special events planning ☐ Wine/Beer Tasting (// ☐ Spaghetti Dinner (fal) ☐ Ice Cream Social (sp	Aug/Sept) I) rring)		☐ Concessions ☐ Ushers ☐ Field show/parade assistance (fall
Dinner Auction (AprilHIMA Awards BanquCoordinationSetup/cleanup			marching competition season) ☐ French braiding hair ☐ Uniforms ☐ Prop support
☐ Serve Home football games (fa	all Friday		HIMA wear sales (football games, special events)
nights) Seat covers/water HIMA booth sales Chaperone French braiding hair Uniforms	·		Fundraising activities (ongoing) ☐ Organizing ☐ Take-home fundraisers ☐ Corporate donations ☐ Grant writing ☐ Assist with item sorting
Crafts/decorations (spec	cial events)		Prop design/construction (field show, concerts, special events)
Phone calls (ongoing)			Other:
 □ I have	no clue but I w	ant	to get involved!!!!
ıdent's Name:			
rent/Guardian's Name:			ell Phone:
me Phone: nail Address			eli Filolie.
student is in/is intereste	ed in (please check	all th	nat apply):
Marching Band	□ Color Guard		□ Pipe Band
Orchestra	□ Jazz Band		□ Winter Drumline

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Membership Drive Investing in Excellence

Your donations fund instrumental instruction, musical arrangements, coaching, uniforms, performance opportunities, and equipment for the more than 180 students who participate in the Helix Instrumental Music Association. Please become a HIMA member today!

\$20 Friend:HIMA window decal	\$500 Directors' Circle Bronze:2 HIMA window decals
 \$60 Supporter: HIMA window decal HIMA t-shirt (Circle size) S M L XL XXL 	 2 HIMA t-shirts (Circle size) S M L XL XXL 2 Season football* passes OR Concert ticket package for 2** □ Football passes
\$150 Donor:2 HIMA window decals2 HIMA t-shirts	Concert ticketsPublic thanks on HIMA website
(Circle size) S M L XL XXL • Public thanks on HIMA website	 \$1000 Directors' Circle Silver: 2 HIMA window decals 2 HIMA t-shirts
 \$250 Sponsor: 2 HIMA window decals 2 HIMA t-shirts (Circle size) S M L XL XXL 1 Season football* pass OR Concert ticket package for 1** □ Football passes □ Concert tickets Public thanks on HIMA website *Football pass valued at \$30 **Concert package includes one ticket to each of the fall concert, holiday concert, spring concert, Pops, and jazz band concert, valued at \$50 	 (Circle size) S M L XL XXL 2 Season football* passes AND Concert ticket package for 2** Public thanks on HIMA website \$2000 Directors' Circle Gold: 2 HIMA window decals 2 HIMA t-shirts (Circle size) S M L XL XXL 2 Season football* passes AND Concert ticket package for 2** Dinner at Pops Concert for 2 Public thanks on HIMA website
Name:	_ Student name:
Address:	StateZip E-mail:
Phone:	StateZip
Name for public recognition:	☐ I do not wish to receive donor benefits

Please return this form on Paperwork Day with check payable to HIMA OR mail to Helix Instrumental Music, P. O. 547, La Mesa CA 91944

Thank you for supporting the Helix Instrumental Music Program!

All donations are tax deductible • Tax ID# 23-7255896





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HELIX MUSIC PROGRAM 2019–2020 CONTACT INFORMATION

Director:

Rachel Casey E-mail: <u>casey@helixcharter.net</u>

Co-Director:

Michael Benge E-mail: <u>benge@helixcharter.net</u>

HIMA President:

Jean Baber E-mail: <u>president@helixinstrumental.org</u>

HIMA Booster club E-mail: info@helixinstrumental.org

Social Media:

Helix Instrumental Music http://helixinstrumental.org

Facebook http://facebook.com/helixinstrumental

Twitter http://twitter.com/HLXInstrumental

Instagram http://instagram.com/helixinstrumental

The Helix Instrumental Music website is the informational hub for the music program, including a continuously updated calendar. If there is a conflict with the website calendar and other information, use the information on the website calendar. The website is also where you will find the Student Handbook. The Handbook is required reading for you and your student prior to the start of school. It is best to read it before Band Camp begins.

Most information will come from HIMA's Booster Club e-mail account. Students will also receive information at school, but it often disappears in the black hole they call a backpack and you will never see it, so please sign up to receive information directly from HIMA! E-mail info@helixinstrumental.org to be added to the list of contacts.



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Helix Instrumental Music Program Student/Family Contact Information

School year: 2019-2020

Information provided on this form will be used to facilitate open lines of communication among the Helix Instrumental Music Association (HIMA) Board, the students, and their families. Please help us by filling this form out as completely as possible.

	PLEASE CHE	CK ALL IHAI A	APPLY
☐ Marching Band	□ Color Guard	☐ Pipe Band	☐ Concert/Symphonic Band
□ Wind Symphony	□ Orchestra	□ Jazz Band	☐ Winter Drumline
Student Name		Instrum	nent Grade
Home Address		City	Zip
Mailing Address (if d	ifferent from above)	Home P	hone Cell Phone
Student E-mail			
Father/Male Guardia	n Name		E-mail
Home Address	City	Zip	Home phone
Cell phone		Other Contac	ct
Mother/Female Guar	dian Name		E-mail
Home Address	City	Zip	Home phone
Cell phone		Other contact	

Helix Charter High School REQUEST FOR STUDENT VOLUNTARY PARTICIPATION ONE-DAY OR SEASONAL ACTIVITY

Music Performance Season from July 23, 2019 to July 1, 2020 (Date) (Dat								_ wishes to participate in	ı
Music Performance Season from July 23, 2019 to July 1, 2020 (Date) (Date) (Date) (Date) Transportation will be by District vehicles, charter buses, or parents carpooling (District vehicles, charter buses, or parents carpooling) It is necessary that the parents specifically request that their child be included in this activity. This activity voluntary. The school will furnish supervision for this event, but parents should understand that supervision end at the time stated above. The school will take every precaution to assure the welfare and safety or assume financial or legal liability in case of injury or accident. If you wish your son/daughter to participate in the above-described activity, please complete the request for participation form below, and return it to the school immediately. Helix Instrumental Music Program (Activity, Sponsor) (Principal) (Tear on dotted line and return lower portion) PARENT REQUEST FOR STUDENT PARTICIPATION I, the undersigned, request that my son/daughter (Students Name) permitted to participate in Helix Instrumental Music Program Activities (shows, concerts, field trips, etc.) on XXXXXXXXX from XXXXXXXX am/pm to XXXXXX am/pm or during (Cate) Music Performance Season from July 23, 2019 to July 1, 2020 (Date) California law (Education Code 35330) provides that any person making a field trip or excursion waive claims against the school district and the State of California for injury, accident, illness, or death occurring or by reason of the field trip or excursion. ACCORDINGLY, //WE HEREBY WAIVE ALL CL WHICH //WE MIGHT HAVE AGAINST THE (Entity) OR THE STATE OF CALIFORNIA, their of agents, and employees for injury, accident, illness, the school district has my permission to re whatever emergency medical treatment may be deemed necessary for the above named student.		Holiv Instrumental M	•	,	c (chowe conco	rte field	trine (oto)	
Music Performance Season from July 23, 2019 to July 1, 2020 Transportation will be by		Helix ilistrumentari	viusic Progi	iaiii Activities	s (snows, conce	ris, neiu	uips, t	510.)	
Music Performance Season from July 23, 2019 to July 1, 2020 (Date) District vehicles, charter buses, or parents carpooling (District vehicles, charter buses, private car driven by school employee, or parents) It is necessary that the parents specifically request that their child be included in this activity. This activity voluntary. The school will furnish supervision for this event, but parents should understand that supervision end at the time stated above. The school will take every precaution to assure the water and safety or son/daughter participating in this activity. However, it is important that you understand that the school of assure the mediate assume financial or legal liability in case of injury or accident. If you wish your son/daughter to participate in the above-described activity, please complete the request for participation form below, and return it to the school immediately. Helix Instrumental Music Program (Principati)	on _	XXXXXXXX	from>	(XXXXXX	_ am/pm <u>to</u>	XXXXX	Χ	am/pm or during	
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Date signed Signature of Parent or Guardian	clain durn WH age des	ms against the schooling or by reason of the IICH //WE MIGHT HAD INTERNATION OF THE INTER	district and field trip AVE AGAI for injury, and cident, or	of the State or excursion (NST THE (Industrial (Indust	of California for a. ACCORDING Entity) OR TH ess, or death ess, the scho	r injury, ig GLY, //W IE STAT occurring	accide VE HE VE OF G durin	nt, illness, or death occu REBY WAIVE ALL CL CALIFORNIA, their off ag or by reason of the a as my permission to re	urrir AIM ficer abov
		Date sign	gned			Signature of	f Parent or	Guardian	
						- '			

Signature of Student (if over 18 years of age)

Date signed

Student:	
Business and Nor Transportation f School Drive	arter High School ninstructional Operations or School-Related Trips er Registration Form () Parent/Guardian () Volunteer
Name:	Date of Birth:
Address:	
Driver's License Number:	Expiration Date:
Phone:	Email:
Vehicle Information Name and Address of Owner:	
Year and Model:	
License Plate Number:	
Registration Expiration:	
Seating Capacity (not including driver	r):
Insurance Information Insurance Company: Lagrange Company: Telephone Name	Policy Number:
	er:
Insurance Expiration Date:	
or alcohol within the past five years and that understand that if an accident occurs, my ins any losses or claims for damages.	ckless driving or driving under the influence of drugs the information given above is true and correct. I surance coverage shall bear primary responsibility for ill be restrained using the appropriate passenger
Name	Date

Helix Charter High School Highlanders Medical Form and Waiver

Student	Date of Birth	Age	Sex
Home Address	City		Zip
Parent/Guardian	Home Phone	Cell Phone	
	E-mail		
If person named above is not availab			
Name	Relationship	Ph	one
Name	Relationship	Ph	one
Name of physician	Med I.D. #	Ph	one
Personal health/Accident insurance carr	ier	Policy #	
() Fainting spells () Convulsions	y(). Does the student have or is subjec ()Allergies [Any] ()Diabetes (quire special care, medication, or diet? Ex) Heart trouble () Bleeding disorder
	es): () Eyes, ears, nose, throat () Dig dication? () No () Yes. Name of me		
Any restrictions of activity for medical re	asons? Explain		
Date of last tetanus shot Ever had anesthesia? () No			
Parent Authorization			
sponsored activities and any trip for these as student, to indemnify and hold harmless the event of injury to person or property in conneresulting from Helix Charter High School's owhether such act or omission is passive. In the representative is authorized and has my conhospital care that is deemed advisable by an	v. The student herein described has permission ctivities. I hereby agree, intending to be legally Grossmont Union High School District, Helix Cection to or with participation in the field trips, in a Grossmont Union District's alleged or actual in the event my student becomes ill or is injured in the event my student becomes ill or is injured in the event to any x-ray, examination, anesthetic, me and rendered under the supervision of a physicial 25.8 of the California Civil Code. However, the or this student.	bound, for myself and charter High School, and cluding any such injurnegligent act or omission this school-sponsore dical or surgical diagnan licensed under the li	the above-named and their officials in the ry, loss, or damage on, regardless of d activity, the school osis or treatment, and Medicine Practice Act.
Signature of Parent/Guardian			
Relationship	Dated		
subject to being photographed and/or videot include, but not limited to, the HIMA website provide compensation to those photographe connected with the publication of such. This	ed that all participants involved with Helix Instruated. Such images and/or voice may be used, social media accounts, promotional videos, ad. By checking yes, I give my permission to relipermission covers all written, video, social me intations insofar as the length of time my image	by HIMA for the purpo nd print materials and lease HIMA from any li dia, and electronic pub	ses of marketing to without obligation to ability resulting from or olishing media and is a
Signature	Date		
Parent/Guardian's name if participant is	under 18 years old		

HELIX CHARTER HIGH SCHOOL INSTRUMENTAL MUSIC PROGRAM

Permission to Give Over-the-Counter Medications

If it should become neces the following nonprescrip		•	the first-aider(s)/safety chair to adm	ninister
Acetaminophen/Tylenol	Yes	No	Other:	
Tums	Yes	No	Other:	
Naproxen/Aleve	Yes	No	Other:	
Benadryl or Chlorinephrine	Yes	No	Other:	
for allergies	Yes	No	Other:	
Ibuprofen	Yes	No	Other:	
Neosporin or Mycitracin				
for abrasions	Yes	No	Other:	
Other (please list)	Yes	No	Other:	
My student will bring the	following medic	cations:		
Medication:	Instructions f	for use:		
Signature	arent/Guardian			



P.O. Box 547, La Mesa, CA 91944 | email: info@helixinstrumental.org | http://helixinstrumental.org

Marching Shoes

All band members are required to purchase their own marching shoes. Marching shoes are worn at every parade, field show, and marching band performance. Male students can also use these shoes for concert dress. The shoe that the Helix Instrumental Music Program uses is the black leather SUPER DRILLMASTER, model #02-500, made specifically for marching. These shoes can be purchased online at www.americanband.com for \$34.95 plus tax and shipping. Please order as soon as possible because band members will be required to wear them on uniform fitting day, July 27, 2019.

Uniform Undershirt, Shorts, and Socks

All band members are required to wear a black fitted t-shirt and shorts under their uniforms at all times. Compression-style clothing works well for this and shirts and shorts in both women's and men's styles with a Helix logo can be ordered at Paperwork Day. Students must also wear mid-calf-length all-black socks (no ankle socks). Please have students wear their shorts, t-shirts, socks, and shoes to uniform fitting day to facilitate trying on multiple uniform pieces in a public area.

Marching Gloves

All band members must purchase black gloves to wear during performances. These gloves often need to be replaced more than once, so we recommend buying 2 or more pairs. Black gloves will be available for purchase at Paperwork Day. Use the following guidelines depending on what instrument your student plays:

- ~All gloves must be BLACK
- ~Woodwind players must wear fingerless cotton gloves
- ~Brass players must wear Velcro closure: Sure grip gloves
- ~Upper battery/drums need Under Armour 6" wrist bands
- ~Pit members do not need gloves

Please bring gloves to uniform fitting day to be put with your student's uniform.

If you have questions, please contact Marsi Friend, <u>uniforms@helixinstrumental.org</u>.



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2019 Season Kickoff Celebration!

Date: Saturday, August 3, 2019

Time: Immediately following the barbecue

ALL INSTRUMENTAL MUSIC STUDENTS: BAND, ORCHESTRA, COLOR GUARD, AND BAGPIPES

Join your friends to celebrate the start of the upcoming season! We'll be serving up lots of food and fun!

- ₱ Play a game of basketball or dodge ball in the gym (bring your basketball or other sporting equipment)
- ₱ Bring your gaming equipment for the Helix Gamers area
- ✓ Watch movies, play cards, dance, or just hang out!
- Warm up and chat by the fire pits
- Lots of yummy food and beverages all night!

REMEMBER—Only students who have returned their Student/Family Contact Information form and Medical Form and Waiver will be allowed to participate.

Students will be issued a wristband at check-in and informed of the rules and boundaries. Students must stay within the boundaries and follow these rules or their parents will be contacted to pick them up.

HIMA is not responsible for any lost, damaged, or stolen items students bring to the sleepover.

Parents, we are looking for volunteers and chaperones! This is a great opportunity to get to know the students and parents of HIMA. Please contact Jean Baber at president@helixinstrumental.org if you are available to help!

The band camp celebration ends at midnight! Please be at Helix at or before midnight to pick up your student. ALL STUDENTS WILL BE RELEASED TOGETHER ONCE THE AREA HAS BEEN CLEANED UP.



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Band Camp Showcase and Barbecue! ALL INSTRUMENTAL STUDENTS & FAMILIES WELCOME!

Date: Saturday, August 3, 2019

Time: 5:00 pm

Place: Helix Charter High School Football Stadium

Bring the family for a fun afternoon of music and food and see firsthand the hard work and dedication of our talented young musicians as the Marching Band and Guard, under the direction of Mrs. Casey and Mr. Benge, perform a special presentation highlighting their accomplishments from Band Camp!

Following the Showcase, please join us for our Band Camp Barbecue! We'll be serving hamburgers and hot dogs, along with all the condiments and toppings. This is a great opportunity to get to know the students, staff, and parents in our amazing program.

As is the tradition with our Band Camp Barbecue, the Helix Instrumental Music Association (HIMA) asks that students donate the following items:

- ➤ **Seniors:** Sturdy paper plates or bowls, napkins or paper towels, plastic forks or spoons, or plastic cups (1 or 2 large-count packages of your choice from the list)
- ➤ **Juniors:** Cookies or desserts (minimum 2–3 dozen—store-bought only)
- > **Sophomores:** Soda (three or four 2-liter bottles)
- ➤ **Freshmen:** Potato chips, pretzels, or corn chips (minimum 2 large bags)

PLEASE BRING ALL NONPERISHABLE ITEMS TO BAND CAMP ON THURSDAY, August 1 BRING ANY PERISHABLE ITEMS FRIDAY MORNING, August 2

If you have questions or would like to help with serving or clean-up, please contact Kristy Cole, hospitality@helixinstrumental.org

Don't miss this first glimpse of what our amazing students will accomplish this year! Come get to know us and become a part of this fantastic program!



MUSIC ASSOCIATION

P.O. Box 547, La Mesa, CA 91944 | email: info@helixinstrumental.org | http://helixinstrumental.org

Formal Wear

All students participating in our program this year should have the appropriate attire to display an unsurpassable degree of excellence for all of our concerts and festivals. Below is the information for the concert dress requirements. If you have any questions, please contact Marsi Friend at uniforms@helixinstrumental.org.

Men's Tuxedo Orders:

- During the month of September, we will schedule fitting appointments with Friar Tux in La Mesa. Information will be sent out with exact dates and times.
- Tux package will include shirt, jacket, pants, bowtie, and cummerbund. Last year's price was \$116.75 plus tax. All payments will be made to Friar Tux at the time of your fitting appointment.
- Friar Tux will contact you to pick up your own order as soon as it is ready.
- Additional separate pieces are available to order.
- Friar Tux shop is located at 5255 Jackson Dr., La Mesa, CA 91942
- Questions can be answered by calling Friar Tux at 619-463-9988.

Women's Concert Dress:

A black formal dress, black nylons, and black closed-toed dress shoes (flats or a comfortable heel) are required. The dress must be full-ankle length with sleeves covering the shoulders and upper arms and a modest neckline. If you need to order a new dress, the approved style is the full length Alixandra-black, model #D735, from Formalwear Outlet, which can be ordered at http://www.formalwear-outlet.com/d735.html. The best advice we can give about sizing is to use the sizing your student most closely wears in ladies pants. You are responsible for any altering or exchanging of sizes. This dress is available in youth and adult tall sizes, although pricing may vary accordingly. All orders must be placed by October 1 to receive in time for our first concert and accommodate any backorders, so please order promptly. The price is approximately \$70.00 plus tax and shipping. If you have a concert-approved dress from last year, you do not need to order a new one.